

CLASS SCHEDULE

SPRING 2025

January 27 - May 3

Dance | Digital Arts | Drama | Music | Visual Arts | Creative Writing



SITAR
ARTS CENTER

Early Childhood Arts Ages 0 - 6

WEDNESDAY

5:15 - 6:00 PM

Bilingual Drama

3 - 6 yrs

Karen Morales-Chacana

Where are we going? A journey from words to places. Through role play, we study emotions in imaginary scenarios proposed and invented by the children.

THURSDAY

4:00 - 4:45 PM

Family Dance Time

**1.5 - 3 yrs &
Caregiver**

Sylvana Christopher

Family Dance Time is designed for a caregiver and child (age 1.5 - 3) to move, sing and play together. From classical, world music and joyful sing-alongs we use themes appropriate to healthy social development of the child in community. Imagining and physicalizing the natural world and the animals within it helps families imagine and tell stories with their bodies. As a community, we ground, rise, dance and soothe.

5:00 - 5:45 PM

Creative Movement

3 - 5 yrs

Sylvana Christopher

Creative Movement is a class for children (ages 3-5) to safely explore their body's movement, expression and spatial awareness. Creative movers will receive a taste of different types of dance as well as dramatic play with characters and folk tales. In this class, children will explore beauty, comedy and tragedy with musical moves underlining each exercise. Young movers are encouraged to go at their own pace.

Early Childhood Arts Ages 0 - 6

SATURDAY

10:00 - 10:45 AM

**Creative Adventures
Preschool**

**3 - 5 yrs &
Caregivers**

Manique Buckmon

Join us for a joyful, hands-on class designed for children and a caregiver to explore creativity together. In a safe and fun environment, you'll connect through activities like color mixing, clay, music, games, movement, and storytelling. This class encourages fine motor development and social-emotional skills, creating meaningful ways to bond and grow. This class requires parent/caregiver participation.

10:00 - 11:00 AM

Music Initiation

3 - 6 yrs

Loidmary Perenguez

In this program, children will be able to explore various percussion instruments and connect them to basic musical figures and elements. The predominant instruments in this workshop are Boomwhackers, colorful bells, maracas, drums, and xylophones as well as other materials such as colored ribbons and musical figures on paper to begin to recognize the elements of music visually. Kodaly will be used as a method to enter the name of the musical notes.

10:30 - 11:30 AM

Hip Hop

3 - 6 yrs

Jessica Denson

Students will build confidence while experiencing the joy and freedom of hip hop dance fundamentals, in an encouraging and fun environment, with the freshest (and kid-appropriate) music and moves! The goal of this class is to help students further their developmental agility by learning movement phrases that emphasize dynamics, musicality, isolations of body parts, and locomotion. The class structure emphasizes building stamina, coordination, and teamwork through practice and play.

11:00 - 11:45 AM

Creative Explorers

K - 1st

Manique Buckmon

Designed for elementary school age kindergarten and 1st graders, students will explore painting, drawing, and mixed media techniques with an emphasis on creativity and collaboration. Artists will engage in group projects and individual work nurturing a love for art while developing teamwork skills.

Arts Afterschool Grades K - 12 and Adult

MONDAY

4:00 - 5:00 PM

Geometric Art

1st - 3rd

Justin Howell

What is geometric art? Well, have you ever looked inside a kaleidoscope? Our art will look a little like that. Each class will be an interactive learning experience through drawing and painting colorful shapes. By the end of this class, students will have learned basic fundamental art skills, better understand colors and shapes, and can show off many different fun sensory art pieces.

4:00 - 5:00 PM

Sitar Rocks

6th - 12th

James Banks

This is an invitation-only “rock band” class where students will play rock songs as a group. Band members/instruments include guitar (up to three), bass guitar, drums, vocals (up to three), keyboard/piano, and another percussionist (depending on need, availability, and appropriateness to the music). The group will determine what songs to play and perform live, either at the showcase or other venues, pending invitations and availability. Students will be offered a spot in the class based on their instrument proficiency, past performance, and an assessment of skill, as determined by Sitar staff. This is an opportunity for Sitar students who are proficient in their instruments to branch into other types of music, including rock, hard rock, metal, indie, soft rock, ska, punk, alternative, and more.

4:00 - 5:00 PM

**Beginner Group
Guitar Class**

2nd - 4th

Joe Link

Beginner guitar class introducing basic technique, theory and will explore the major scale and its harmonization toward performing at least one song in an ensemble.

4:30 - 5:30 PM

The Art of DJing

7th - 12th

Tim Fábrega

The Art of DJing, Level 1, is the perfect starting point for anyone looking to learn to DJ. Our hands-on instruction will teach you the fundamentals of mixing, blending, and scratching. No matter your music tastes or commitment level, DJ 101 will teach you the fundamentals to get started on your journey. We provide all gear necessary for the class. You will learn: DJ history, basic music theory and song structure, ins and outs of equipment (turntables, mixers, speakers, etc.), basic timing, and timing.

4:30 - 6:00 PM

**Creative Scrapbooking:
Color, Art, and
Imagination Exploring**

4th - 7th

Dahbia Bensaada

Immerse yourself in the vibrant world of scrapbooking with our exciting class designed just for 10-14 year olds! In this class, young artists will embark on a colorful journey to discover the magic of multimedia, color theory, and artistic themes. Throughout this course, students will learn how to combine various materials such as colored papers, stickers, stamps, and more to create visually stunning scrapbook pages.

Arts Afterschool Grades K - 12 and Adult

MONDAY

5:00 - 6:00 PM

Saints Band Jr.

6th - 12th

Joe Link

Students will dive into the rhythms and melodies of rock, jazz, R&B, and Latin music, learning to perform a wide range of styles that will broaden their musical horizons in a band. By the end of the semester, students will showcase their talents in a live performance, demonstrating their growth as versatile, confident musicians! This class is for students enrolled in a private lesson: drums, bass, guitar, piano, vocals, violin, woodwinds, or brass.

5:00 - 6:00 PM

Theatrical Makeup

7th - Adult

Makayla Smith

Theatrical makeup, or stage makeup, is the act of enhancing or altering the face and/or body with makeup and added materials for entertainment. Theatrical makeup is applied to various forms of entertainment and art such as live performances like plays and concerts, photography and film, editorial, and special effects; it comprises looks that range from beautiful to gory. Throughout the duration of this class, students will learn the thought-process behind creating contemporary beauty makeup, period makeup, and special effects makeup looks as how to apply it.

6:00 - 7:00 PM

**Introduction to
Fashion Design**

9th - Adult

Jared Semisch

Students will get an introduction to fashion design, starting from research and development, up to designing a final garment. In the beginning, we will focus on developing a sense of design, looking at - of art, the environment, and clothes we already have, to gather inspiration. We will also practice drawing, including figure drawing and sketching, so as to prepare us for drawing out designs. We will also experiment with textile creation - over how we can create different textiles through manipulation, dyeing, washing, melting, etc. We will practice draping textiles on the body, to simulate our designs. There will be a sewing demo, but sewing is not required. The culminating project will include one final garment to show at a fashion show at the end of the semester.

6:00 - 7:00 PM

Face Painting

5th - 8th

Sofia Doroshenko

This course will introduce students to face painting, starting with the basics of using professional face paints, brushes, sponges, and stencils. They will combine simple techniques and eventually gain the skills to create full-face designs like animal masks, floral patterns, holiday-themed art, and more! Using FDA-approved face paints, the students will have the chance to practice on themselves, and each other. By the end of the course they will have the skills to imagine and create their own face paint designs.

Arts Afterschool Grades K - 12 and Adult

TUESDAY

4:15 - 5:15 PM **TWB: Ballet Group A** **K - 2nd** **Kittie Morris**

Students will learn pre-ballet by way of creative movement and will gradually progress to beginner ballet technique introducing them to the foundation of classical ballet at a developmentally appropriate level. Students will exercise creativity, imagination, rhythm, and motion while developing body awareness, increased strength, agility, and motor coordination.

4:30 - 5:15 PM **Broadway Bound:
Beginning Musical Theatre** **3rd - 5th** **Kristina Friedgen**

Calling all Broadway Babies! Get ready to sing and dance as we work on performing group songs from a range of Broadway musicals. Students will work on healthy singing habits, projection, basic acting techniques, and introductory musical theatre dance techniques.

4:30 - 5:30 PM **Eco Art Explorers** **K - 2nd** **Hope Glastris**

In this class, we will use a mix of art supplies and objects we can find in our indoor and outdoor environments, to create artwork inspired by the natural world. We will use our imagination and our senses to explore how we can use different kinds of materials when we create. Activities will include both 2D and 3D, and there will also be some collaborative projects to encourage sharing and interaction.

4:30 - 5:30 PM **Introduction to
Block Printing** **3rd - 6th** **Jeff Soifer**

Discover the exciting world of block printing in this fun, hands-on course designed for kids in grades 3-6! Each one-hour session introduces students to creative techniques, from designing patterns to carving blocks and experimenting with colors. Students will create unique prints, develop multi-layer designs, and finish with a special project to showcase their new skills. Perfect for budding artists eager to explore a new medium!

4:30 - 5:30 PM **DCJF: Jazzin' Afterschool** **4th - 12th** **Herman Burney**

Jazzin' Afterschool is a partnership class with the DC Jazz Festival where students have the opportunity to learn from professional Jazz musicians! This class will focus on ensemble playing, jazz rhythms, and experimenting with different instruments. All levels welcome!

Arts Afterschool Grades K - 12 and Adult

TUESDAY

4:30 - 6:00 PM **Digital Photography** **4th - 8th** **Gregg Adams**

Digital Photography teaches students the basics of camera operations, composition, and post-editing to create visually pleasing images. Students will use photo journaling and street photography to tell stories of everyday life. And, they will experiment with ways to display their completed photographic projects

5:15 - 6:00 PM **Children's Choir** **K - 3rd** **Liz Meredith**

Explore the fundamentals of voice through teamwork and collaboration. Children's Choir will teach kids how to sing as a group while having fun!

5:30 - 6:30 PM **Tap Dance** **5th - 8th** **Kristina Friedgen**

Get ready to shuffle along in this beginner tap class. Students will build fundamental skills in rhythm and Broadway style tap. By the end of the course, students will perform a dance showcasing all they have learned.

5:30 - 6:30 PM **Art Journey Studio** **1st - 3rd** **Kelsey Bachenberg & Alejandra Giraldo**

Each week we'll explore and combine different mediums and techniques to create both 2D and 3D art pieces. Projects will combine elements of craft (using fiber, paper, recycled materials, and more) and art, allowing students to maximize their creativity to produce unique works of art.

5:30 - 7:00 PM **Painting Exploration** **7th - Adult** **Deborah Wallace**

Create both abstract and representational works of art. In this class we will use acrylic paints to experiment with color, composition, and technique. New painters and more experienced painters are welcome.

6:00 - 7:00 PM **Move & Rest:
Restorative Yoga** **7th - Adult** **Hope Glastris**

This is a gentle class for students to explore light movement and calming breath. We will begin each practice with a few moments of breathing to get us grounded, then transition into some light asanas (postures and movements). We will finish each class with several minutes of quiet rest. No previous knowledge or experience in yoga is needed to join, and our practices will be adaptive to accommodate different bodies and mobility. Please arrive in clothing that is soft, loose and/or comfortable to move and relax in.

Arts Afterschool Grades K - 12 and Adult

WEDNESDAY

4:00 - 5:00 PM **Beginner Group** **4th - 8th** **Justin Howell**
Guitar Class

Beginner guitar class introducing basic technique, theory and will explore the major scale and its harmonization toward performing at least one song in an ensemble.

4:15 - 5:15 PM **Tile & Tell** **4th - 7th** **Jada Batts**

Tile and Tell is a beginner-friendly mosaic class using paper 'tiles' to teach mosaic basics. Students will explore mosaic history, techniques, and storytelling, creating personal pieces with color, shape, and pattern. By the end of the course, students will have a unique collection of mosaic artworks.

4:30 - 5:30 PM **Familiar and New!** **1st - 3rd** **Genesis Johnson**

Join us as we explore various types of art projects using many mediums including drawing, painting, etc. both familiar and new. Express your creativity ... We can't wait to make art with you!

4:30 - 5:30 PM **The World of Mixed Media** **2nd - 5th** **Madelyn Ignacio**

In this fun, creative class, young artists will explore materials like paint, clay, and collage, while learning key art techniques. Each session fosters imagination and self-expression, offering endless opportunities to create and discover new favorite mediums. Perfect for budding artists who love to experiment!

4:30 - 5:30 PM **Creative Dance** **1st - 4th** **Sierra Gray**

In Creative Dance, students will explore the fundamentals of dance while expressing themselves creatively. Dancers will use their imagination and emotions to tell stories through dance and enjoy guided activities that inspire movement exploration and self-confidence. Whether your child loves to dance or is trying it for the first time, Creative Dance offers an exciting and inclusive space for exploration and growth.

4:30 - 5:30 PM **Percussion Ensemble** **3rd - 7th** **Rob Smith**

Drums are fun! Come and explore the wild world of drums and percussion. Learn fun rhythms and patterns while playing with others to create amazing moments in sound!

Arts Afterschool Grades K - 12 and Adult

WEDNESDAY

4:30 - 5:30 PM Digital Footwear Design 7th - 12th Tim Fábrega

The Digital Footwear Design class teaches students the entire product creation process through our intensive learn-by-doing curriculum. This program consists of a step-by-step session plan that includes inspiration, concept development, problem-solving, prototyping, marketing, networking skills, and portfolio development. We will use Photoshop, Cinema 4D and After Effects during classes. Sitar strives to create well-rounded artistic offerings for students interested in the product creation industry.

5:30 - 6:30 PM My Voice, My Movie 4th - 7th Daniela Delgado

Cinematography is the art of storytelling through images. Using iPads and iMovie software, students will develop basic skills to write, direct, film, and edit a one-minute movie. In this class, students will learn the importance of lighting, sound, camera movement and framing to find your creative voice and tell your story.

5:30 - 6:30 PM Bilingual Choir 4th - 12th Liz Meredith & María del Mar Rodríguez

This class is designed for students who want to develop their vocal technique, singing skills, and learn how to sing with others. And the best part of it, it will be taught in English and Spanish!

5:30 - 6:30 PM Pottery: Intro to Handbuilding 7th - Adult Jessica Leskin

During Pottery: Intro to Handbuilding, you will learn pinch, coil, and slab construction techniques to make bowls, ceramics, small sculptures, and more. During class, students will work on both guided projects and have the opportunity to pursue independent projects. All skill levels are welcome!

Arts Afterschool Grades K - 12 and Adult

THURSDAY

4:00 - 5:00 PM

String Ensemble

2nd - 6th

Dietrich Paredes Barait

Welcome to the String Orchestra, where you'll learn how to play beautiful music, work with friends, strengthen and streamline your fingers, and develop superpowers of concentration, all while having a blast! Imagine being part of a team where everyone works together as one big musical family. Just as superheroes combine their powers, in the String Orchestra each musician will play a special instrument, such as the violin, viola, cello or double bass, to create music that will fill your heart with joy and your ears with melodies that will stay with you forever.

4:15 - 5:00 PM

Exploring Digital Arts

2nd - 4th

Angela Robinson

In this fun class, students will unlock their creative potential through technology! They'll design awesome pictures, make their own music, learn how to program a robot, and even build their own video game.

4:15 - 5:15 PM

TWB: Ballet Group B

3rd - 5th

Kittie Morris

Students will learn beginner ballet techniques introducing them to the foundation of classical ballet that will prepare them for more rigorous dance training. Students will work to master foundational ballet postures, positions and movements at center and across the room and at a barre, if available. Students will develop and strengthen gross-motor skills, coordination, balance, muscle strength and confidence.

4:30 - 5:30 PM

Brick Budz

3rd - 7th

Benton Bishop

Dive into the world of Lego in a hands on class designed to stretch the creativity and building skills of each student! Students will design and execute Lego projects, culminating in the creation of a Lego city. This class teaches artistic and STEM skills, making each Brick Budz the architect of their own imagination!

4:30 - 6:00 PM

**Intro to Wheel &
Hand Building**

3rd - 5th

Amy West

Learn the basics of wheel throwing and hand-building techniques. This class will cover skills such as shaping, trimming, and glazing, providing a solid foundation for further exploration in ceramics/pottery. Ideal for beginners and those looking to refine their craft.

Arts Afterschool Grades K - 12 and Adult

THURSDAY

5:00 - 6:00 PM

Game Design

5th - 8th

Angela Robinson

In this class, students will learn to make their own video games using RPG Maker! They'll create exciting maps, design cool characters, write thrilling stories, and build fun puzzles for players to solve.

5:30 - 7:00 PM

The Art of Baking

4th - 8th

Hailey Aardema

This is a hands-on class where students will work together to bake and create many fun snacks and treats (and eat them too). From cookies to pizza dough to bran muffins, students will learn basic cooking and baking skills as they bring each recipe to life. By the end of this class they'll be chefs with a book full of recipes to recreate at home. So grab your apron and join us for a fun filled and delicious semester!

6:00 - 7:00 PM

Digital Drawing

6th - Adult

Gabriela Mendez Perez

This beginner digital drawing class introduces students to the essentials of digital art, from understanding tools and interfaces to mastering basic drawing techniques. Students will explore different brushes, layers, and color applications to create simple, vibrant artwork on a digital canvas. By the end of the class, participants will gain confidence in using digital tools to bring their creative ideas to life.

6:00 - 7:00 PM

Upcycling Fashion

4th - 8th

Jared Semisch

In this class we will use recycled materials to create a new piece every two or three weeks. Along the way we will go over how we can consume fashion more sustainably and what we should look at when buying new clothes and refashioning some of our old items. The culminating project will include one garment to present at a fashion show at the end of the semester.

Arts Afterschool Grades K - 12 and Adult

SATURDAY

10:00 - 11:00 AM Digital Photography K - 3rd Gregg Adams

Digital Photography teaches young students how to capture simple stories through photography. During this class, students learn basic camera handling, composition for creating quality pictures, and fundamental computer skills. Students will receive hands-on experience using Paint 3D and Photoshop to bring their inner stories to life.

10:00 AM - 11:00 PM Interior Design 101 3rd - 5th Krystal Robinson

Join us for Amiracle Kids Interior Design 101, where creativity comes to life! In this fun and interactive course, students will dive into the exciting world of interior design, architecture, and engineering. They'll learn how to create floor plans, measure spaces, explore color schemes, design styles, budgets, furniture placement, and much more. Through hands-on projects, students will not only flex their creative muscles but also develop valuable team-building skills as they collaborate with their peers on group projects. It's a wonderful opportunity for young designers to express themselves and explore the amazing possibilities of interior design!

11:00 AM - 12:00 PM Group Piano 1st - 3rd Loidmary Perenguez

In piano group lessons, students will explore the keyboard, learn to identify the location of sounds, and differentiate between high and low tones. Fine motor skills and coordination will be key components of our workshop as we create beautiful melodies. These sessions foster empathy through collaborative music-making and emphasize the importance of listening and harmonizing as a musical community.

11:00 AM - 12:00 PM Graphic Novel Design 4th - 7th Hannah Cisternelli & Della Tisa

In this course we will tell stories using the art of the graphic novel! We will practice drawing skills, character design, storyboarding, and creating a mini original graphic novel.

Teen & Adult Programming

Grades 9 - 12
and Adult

MONDAY AND WEDNESDAY

6:30 - 8:30 PM

**Adobe Photoshop for
Professional Certification**

9th - Adult

Tim Fábrega

Calling all teens and young adults interested in digital art, graphic design, marketing, and creative content development! In this course, you will develop expert-level Photoshop skills by learning to edit and retouch, remove backgrounds, and color-correct images. You'll generate multiple portfolio-style projects and gain the skills to pass the Adobe Photoshop Professional Certification exam. The cost of the exam is included in the tuition for this class.

WEDNESDAY

5:30 - 7:00 PM

**S.E.A.L. Community
Leaders**

9th - 12th

**Nickole Best &
Nia Calhoun**

Sitar's Emerging Arts Leaders Program is open to teens looking to channel their artistic and leadership skills while earning community service hours. This year, S.E.A.L. members with backgrounds in a diversity of artistic mediums collaborate together to produce the 2nd Annual Set in DC Youth Film Festival, in addition serving the wider community through other Sitar events. Teens will have access to workshops led by professionals in the film, public art, and more. Additionally, S.E.A.L. members attend field trips to arts and cultural institutions. SEAL students are also invited to take advantage of Open Studio time on Fridays and use Sitar's facilities to work on their art form free of charge.